

Editorial

Saturday, February 8, 2020

India unites on wrong issues - but the divide remain onscured

After an undeclared war between Pakistan and our country begins, India today faces an internal war type scenario dividing the citizens into two with different ideologies. The idea of new India as per the ruling government led by BJP all began after Pakistan nurtured JeM militants who claimed the attack on our CRPF Jawan at Palwana district of Kashmir. Modi administration attack needs appreciation, but the real problem now has been curtain. Nobody talks about a lasting solution of Kashmir but a war – or revenge for killing our martyred soldiers is the topic for all. If the Kashmir problem exists such unwanted incidents may continue and maybe more precious jawan of ours may lose a life. Finding an alternative solution is perhaps the need of the hour. We cannot simply play cards to meet the desire of the majority community base religion for a mere benefit at the cost of brave soldiers. India is a land of multi-ethnic people who speaks the various language and follow a different religion.

The idea of the nation having one identity, one religion, one culture, one language promulgated by some self-style son of mother India has created fear psychosis to various ethnic communities in the country. At a time when chauvinistic idealism of creating a nation of only one community is seen marching ahead, it is natural that each and every ethnic communities of the nation have reason to be feared. Because it is family first then comes to society then it is the nation. This is why people are either against the CAA r the NRC or NPA.

India was and is a nation of diverse people. The beauty of India is the existence of different ethnic people with diverse cultural people. It is important that if India has to prove the world as the most successful democratic country, the leaders and the so-called self-style son of the soil should be tried to become real son of the soil by accepting that the concept of one religion, one culture, and one language should not be followed in the Nation called India.

Talking about North East state in general and Manipur in particular, during Kargil war, two soldiers from this region, that too from a border village between Myanmar and India in the state of Manipur were martyred while fighting the Pakistani troops. Family of the two did not know the common language that their sons spoke with their fellow soldiers and moreover, the villagers of the two soldiers are fighting tough safeguarding their villages from intruders of the neighboring villages. Yet they pray for the success of India.

The Indian administrators of the time were not the one which brought victory to the Kargil war, but it was the prayers of those thousand parents, whose sons were fighting for the country, but who never see Delhi, or who never understood the common language (Hindi) that make India a success. Indeed, many critics are of the view that India is still in the process of nation-building. But the reality is that India is already a nation. A nation of imagines community living under the same roof.

The peaceful co-existence and communal harmony were put in dead danger with the rise of communal centric feudalism classes. They spew venom of hate feeling among the various communities for their mere selfish gain. The last few decades showed the rise of many such feudalists and the rise of this class raises the feeling of enmity among the various community.

Coming back to the state of Manipur, the problem facing right now has similar roots. The force annexation is often pinpointed as the root of all sorts of trouble here, but the reality is that the root of the entire problem facing in the state of Manipur is the chauvinistic attitude of the ruling government in the mainland India.

Instead of looking at the problem, the then ruler of mainland India had sidelined the real issue submitted by the then expert officials deputized by their government, they never tried anything to put a halt to the rise of the armed opposition group. But rather the then government incited hate feeling among various communities thinking that the same technique adopted the British ruler can suppress any movement in the region.

Instead of taking into consideration and finding a means to end all sorts of violent activism a Scheme called Surrendered Rehabilitation Schemes had been introduced and the result - people now suffered double the problem that they had faced before the coming of the scheme.

Well, Mikhail Sergeyevich Gorbachev, the last President of the USSR had understood the importance of safeguarding each community and the USSR was separated into various independent nations. The problem will be there as long as humankind exists. Because they think and act and those acts are sometimes negative from one's viewpoint even if he or she thought it right from his viewpoints.

The fear factor right now is felt to everyone. Man dies and sacrifices for their children and nation. If the fear factor grows no one can guarantee any untoward incident at which the fear factor was a challenge and wipe out completely to restore the once upon a time nation-state called Manipur.

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Coronavirus : Chinese passenger vomits on Air India flight, admitted to Pune hospital

By Raju Vernekar
Mumbai, Feb 8

A 51 year old Chinese man was admitted to a hospital in Pune (Maharashtra) for possible exposure to novel coronavirus (2019-CoV) after he complained of nausea and vomited on Delhi-Pune Air India flight, on Friday.

The passenger vomited on board and after the plane landed at the Pune airport, he was immediately isolated and shifted to Pune Municipal Corporation's Naidu Hospital. The flight was cleaned and sanitised before it took off for Delhi again. Resultantly the flight was delayed by over four hours, due to the incident.

Chief Health Officer of Pune Municipal Corporation, Ramchandra Hankare, said the passenger's blood samples have been sent to the National Institute of Virology for analysis.

With this number of isolated patients in Maharashtra went up to (5)-Pune(3)-Ahmednagar-1, Jalgaon-1. Thirty patients who were isolated earlier were discharged. Whereas 4 patients ((Nagpur-3, Mumbai-1), remained admitted to hospital. National statistics was: Passengers scanned in India-1.39 lakh (1275 flights), confirmed cases-3, isolated-150. The global statistics: Died-638 (China-636, Hongkong-1, Philippines-1), affected-31535 (critical-4826), recovered-1778. In another development an isolation ward has been created at Mumbai Port Trust's (MbPT) Hospital in Wadala, to scan the crew and passengers showing symptoms of coronavirus and an ambulance has been kept standby in the docks for an emergency.

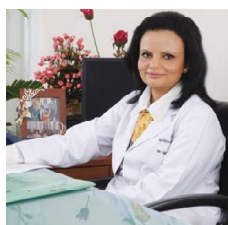
The trust has asked vessel agents and master of foreign vessels coming from countries affected by Corona Virus, to inform Harbour

Master (HM) or Port Health Officer (PHO) through email about crews suspected of virus infection with details including name, nationality, age, sex, symptoms and the history of previous visit to China. A self-declaration will be obtained from the crew/passengers with the history of travel to China and also who belongs to Chinese origins. "N95 masks and other Personal Protective Equipments have been procured and issued to the Doctors, Pilots and concerned officers likely to come in contact with vessel crew and passengers. Signages have been placed at prominent locations to create awareness against the disease. Regular coordination and liaison are maintained with Port Health Officer (PHO) and DG of Health Services. SOP have been framed and circulated to vessel agents and concerned," a spokesman for MbPT said. Till now, the MbPT has screened

158 crew members and 19 passengers from vessels either coming from China or having the history of travel to the coronavirus-hit country. However, no crew/passenger showing symptoms of coronavirus has been detected. The passengers having a history of travel to China are being screened with the thermal scanner. For crew of the vessel coming from China and South East Asia and crew/passengers who have visited China in the last one month, shore leave/shore excursion is not being allowed, MbPT Chief PRO V R Jogekar, said.

In the meanwhile, due to outbreak of coronavirus, the Indian women's team which was scheduled to travel to China from March 14 to 25, has cancelled its tour, leaving the Indian Hockey federation with the difficult task of finding an opponent to compete with as part of its preparation for the Olympics.

NEW IUI Method for making motherhood Possible



By- Dr Geeta Shroff,
Director, NuTech Mediworld,
New Delhi

In recent years the prevalence of couples unable to conceive has increased drastically and over 20% of the married couples account to it. Not only there is a decline in female fertility, but a reduction in male fertility has been on a rise. Of the total couples seeking fertility treatment, around half of the issue lies with the female partner and the increasing trend in loss of male fertility is attributable in the remaining half. Tendency to look for fertility treatment is high, as the need for parenthood and social status of parenthood is more significant in India. However, the awareness of IVF in rural areas is a major barrier.

Though the proportion of women in their reproductive age i.e. 20 to 44 years has increased in the last decade, women over 30 are under the burden of infertility in India. With the changing lifestyle,

increased use of contraceptives and exposure to toxins is linked to further raise the burden of infertility in India by 2020.

Why is New IUI technique better than other methods?

While the conventional IUI techniques were costlier and had very low success rates, the new IUI technique developed is one of the revolutionary transformations with success rates upto 80%.

Even though this technique is not completely new but has been made better with some improvements in it which has improved its success rate by at least 4 folds. This latest new IUI technique has been presented at various international journals with proven clinical results.

Though couples attributing to infertility contribute equally with 40% each among men and women, 20% of the reasons are sporadic and therefore it is evident enough that not only female but male factor infertility also affects motherhood equally. The new IUI technique is highly beneficial for complications of tubal factor infertility in females and complications of low sperm count and motility in males.

Conventional IUI techniques are used to open the closed fallopian tubes in female unable to conceive, but had only a success rate of 20% in the first attempt. With the development of the new IUI technique, the success rate has gone up immensely. New IUI technique being inexpensive in comparison, is yet more successful despite being an improvised technique of the

existing IUI method.

In India around 15-20% of the couple fail to conceive and seek some form of IVF treatment. With recent advancements in the field of Infertility treatment and Artificial Reproductive Techniques (ART), almost all types and grades of infertility are treatable and help achieve parenthood.

What could be the possible reasons among female?

1. **Changing and sedentary lifestyle** – Women are born with their lifetime reserve of eggs, and these gradually decrease in both quality and quantity with age. Westernisation has only depleted and destroyed the egg quality prematurely in women.

2. **Increase in the number of working women** – with more number of women focussing on work and career, they want to conceive after getting settled. But the biological clock ticking away, fertility reduces with increasing age decreasing the chances to get pregnant.

3. **Urban lifestyle and obesity** – with westernisation, many women has been fancying for alcohol and tobacco consumption as a style and status symbol. Depending on junk food and a sedentary lifestyle, people now a day are becoming obese which is one of the main reasons for becoming infertile.

4. **Other clinical factors** – prevalence of medical conditions among women have seen a rise in the last decade –

a) **Polycystic Ovarian Syndrome**

(PCOS) – PCOS is very common among Indian women and is estimated to have 22% prevalence rate in India.

b) **Closed fallopian tube** – is the greatest risk factor for tubal blockage and endometrial damage to result in infertility. Over 18% of Indian women in reproductive age are affected to it.

c) **Urinary Tract Infections (UTI)** – Over 30% of women have been diagnosed with sexually transmitted infections. Infertility due to STIs such as gonorrhea, syphilis, chlamydia and trichomoniasis has been attributed to pelvic inflammatory disease and tubal infertility in women.

d) **Hormonal imbalances** - Indian women had lower Anti-Mullerian Hormone levels (AMH), higher Follicular Stimulating Hormone (FSH) levels, and a longer duration of infertility despite being significantly younger.

Treatment methods for women before undergoing IUI

Though the functions of a woman's ovaries cannot be restored to normal but chances of getting pregnant can be increased. There are only 5% chances for a woman (under the age of 40 years) to get pregnant without medical intervention ('Spontaneous Remission'; the ovaries may begin to function on their own, restoring fertility). New IUI method has provided many women failing to conceive due to complications of fallopian tube, a new ray of hope to enjoy motherhood.

Run Chandel Run 2020 held successfully with 200 plus participants

ITNews
Chandel, Feb. 8:

Winners of Run Chandel Run 2020, First Ever Mini Marathon for the 12 km run Man Category are Khumlo Morningson and 6 km run Women & Dream run Category P. Neisochun. The event, Run Chandel Run 1st Ever Mini Marathon was organised by Wisecrabs in Collaboration with 18 AR, District Police, District Administration, 8 MR, DSA Chandel and District Health Department successfully today the 8th February 2020 at Maha Union Higher Secondary Schoolground Chandel, Chandel District. 200 plus runners from different parts of Chandel District came and participated this run in supporting the zeal and efforts of Chandel for Chandel Unites for Health. Former Indian Football Team Captain Mr. Renedy lifted the starting flag for the Man Category from Kapam (Komalathabi) and Col. Ajit Khatri 18 AR flag off for the Women & Dream Run Category from



JNV Lamkhai Chandel.

In the 12 km run for competition the Man category Khumlo Morningson from Chandel, Bs. John Anal and Kh. Allwinson Anal from Chandel stood first, second and third positions respectively. In the 6 km run Women & Dream run category P. Neisochun, Tungdim Anita and Sr. Ningnirang from Chandel stood first, second and third positions respectively. Chairman of Organising Committee

TS Mhanthung Anal Said, Today's fast paced, competitive and physically taxing world, every third person suffers from diabetes, blood pressure, obesity, depression and many more conditions.

Run Chandel Run aims to promote healthy Lifestyle, peaceful environment and unity amongst the different communities Living in Chandel. The marathon is an attempt to promote unity in diversity, a healthy and sustainable

environment and also an Opportunity to facilitate a better understanding and connection between the administration, defence Personnel and common citizens at the grass-root level, he added.

In the 12 and 6 km run, male and female, young and aged, students and teachers, children and adults and all, more than 200 runners took part and felt the happiness of running together for a cause of bringing a healthy society.